Medical Anthropology (2)

What is health?

* WHO concept "**complete** physical, mental, and social **well-being**, and not merely the absence of disease or infirmity", with "the capability to function in the face of changing circumstances" / "highest possible level of health" allows people to participate in social life and work productively → many critics and discussion
* Revision movement related to the inclusion of spirituality:
See, Nagase M (2012) Does a Multi-Dimensional Concept of Health Include Spirituality? Analysis of Japan Health Science Council's Discussions on WHO's 'Definition of Health' (1998). *International Journal of Applied Sociology*, 2(6): 71-77. (http://article.sapub.org/pdf/10.5923.j.ijas.20120206.03.pdf)

* Biomedical measures: life expectancy, span of healthy life, health behaviors, reserve health, social support, overall birth rate, population growth rate, ...
* Critical medical anthropology concepts
* Public health concepts
* Cultural and organizational concepts
* Personal concepts to improve health
* Systems approach to health: including biopsychosocial model, cultural systems model

<Debate>
"WHO's definition of health is appropriate?" considering the discussion about the inclusion of spiritual health and its denial by the disagreement from religious aspects.
Pro.: Appropriate. Ideal definition is necessary.
Opp.: Inappropriate. WHO should show more practical definition of health.

cf. https://www.joghr.org/article/11924-what-is-needed-to-realize-universal-health-coverage-the-meaning-of-health-revisited