# Public Health Special Lecture and Practice I, II

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## **Overview**

To learn public health in English. MDGs, post-MDGs and global health including IHR (International Health Regulations) are also explained, but the contents shoule be adjusted depending on the previous knowledge of the participants. Basically, the lecture is given at the first semester, and the presentation and discussion for the common theme will be done at the second semester.

#### Plan of lecture at the first semester

The plan listed below only means the topics to be lectured. Some topics may take more than 2 hours, others less than 1 hour. This class will be done on Thursday, 9:00-12:00 at GSICS Bldg.5, Room 206.

- 1. [6 April 2017] "What is public health?" CePH (https://ceph.org/), WHO (About WHO, http://www.who.int/about/what-we-do/global-guardian-of-public-health.pdf; PHE, http://www.who.int/phe/about\_us/en/), APHA (https://www.apha.org/what-is-public-health), CDC Foundation (http://www.cdcfoundation.org/content/what-public-health), Pittsburgh Univ. (http://www.publichealth.pitt.edu/careers/what-is-public-health), APACPH (Asia-Pacific Academic Consortium for Public Health, http://www.apacph.org/wp/) / MDGs (http://www.un.org/millenniumgoals/), SDGs (http://www.un.org/sustainabledevelopment/sustainable-development-goals/) / WHO constitution (http://www.who.int/governance/eb/who\_constitution\_en.pdf) and CPH content outline (https://www.nbphe.org/documents/CPH\_Content\_Outline\_April\_2014.pdf).
- 2. [13 April 2017] Alma-Ata declaration for primary health care and the history of developing health promotion (from Ottawa Charter to Helsinki Statement for Health in All Policies) (1)
- 3. [20 April 2017] Alma-Ata declaration for primary health care and the history of developing health promotion (from Ottawa Charter to Helsinki Statement for Health in All Policies) (2)
- 4. [27 April 2017] "global health" concept in the Healthy People 2020 (USA) and World Health Report 2007 (WHO).
- 5. [11 May 2017] International Health Regulations (2005, WHO).
- 6. [18 May 2017] Each chapter of "SOCIAL DETERMINANTS OF HEALTH: THE SOLID FACTS" is assigned to one of participants, who will introduce it and discuss together.
- 7. [25 May 2017] Trends and recent topics in world health situation: Using "World Health Statistics 2013".
- 8. [1 June 2017] Urban slum problem in developing countries (cf. An e-learning materials provided by UCB is useful)
- 9. [8 June 2017] postMDGs (Beyond2015, World we want 2015) (12 June, handout)
- 10. [15 June 2017] Comparison of world health systems: (assignment for several countries, overview)
- 11. [22 June 2017] Community Nutritional Assessment (1): Anthropometry, Bio-monitoring, Dietary Intake Research (cf. Overview of community nutritional assessment)
- 12. [29 June 2017] Community Nutritional Assessment (2): Physical Activity Research
- 13. [6 July 2017] Occupational health in international context
- 14. [13 July 2017] Humanitarian Standards / Sphere Projects
- 15. [20 July 2017] Global Immunization Vision and Strategies / Global Vaccine Action Plan
- \* In the second semester, presentation and discussion will be done by the participants each other about the similar topics.

#### **Evaluation**

Based on presentation, discussion and mini-reports.

# References

Many resources can be obtained from various web sites linked above. However, if you would like to find a good comprehensive textbook, I can recommend the book below.

# White F, Stallones L, Last JM (2013) Global Public Health: Ecological Foundations. Oxford Univ. Press

## **Notes**

Lecture and practice can be separately taken, but it's not recommended.

Done in English. The participants must read some essential papers and reports in English. The students who have any experiences in developing countries are encouraged to learn this class.